

# Number One Newsletter

A Complete List of the Keystone  
State's Number One Ranked  
Wrestlers

Issue 3, February 2013



## Sectional Tournaments

Saturday  
Feb. 16, 2013

District 1 Class AA/AAA

District 2 Class AAA

District 3 Class AA/AAA

District 4 Class AA

District 6 Class AA/AA

District 7 Class AA

District 8 Class AAA

District 10 Class AA/AAA

District 12 Class AAA

## Who's Number One?

Pennsylvania is #1 and these are the State's #1 wrestlers. The 2012-2013 Season will feature several returning State Champions in both Class AA & AAA. This issue's #1 Rankings are based on a wrestler's regular season performance prior to entering the Individual Post-Season

PA Power Wrestling members with an "All-Access" Pass are able to view the Top 12 Regional wrestlers at every weight in both Class AA & AAA as well as the Top 25 wrestlers in the State in both classes. Individual Class Rankings Passes allow members to view either Class AA or AAA Rankings.

The next Number One Newsletter will be released in March 2013.

PA POWER  
WRESTLING



## Regional Number One Ranked Wrestlers

### South East Regional AA

106 lbs.

#1. Jaryd Flank-Wilson Area-2014

113 lbs.

#1. Korbin Myers-Boiling Springs-2015

120 lbs.

#1. Darian Cruz-Bethlehem Catholic-2013

126 lbs.

#1. Ryan Diehl-Trinity-2013

132 lbs.

#1. Ian Brown-Hanover-2014

138 lbs.

#1. Ryan Todora-Bethlehem Catholic-2013

145 lbs.

#1. Mikey Racciato-Pen Argyl Area-2013

152 lbs.

Ty Herzog-Northern Lehigh-2013

160 lbs.

#1. Connor Hedash-Bethlehem Catholic-2013

170 lbs.

#1. Peter Renda-Brandywine Heights-2013

182 lbs.

#1. Adam Mackie-Brandywine Heights-2013

195 lbs.

#1. Josh Alpha-Bethlehem Catholic-2013

220 lbs.

#1. Ray O'Donnell-Saucon Valley-2013

285 lbs.

#1. Trevor Stover-Biglerville-2013

### North East Regional AA

106 lbs.

#1. Cameron Newman-Line Mountain-2014

113 lbs.

#1. Taylor Johnson-Central Columbia-2015

120 lbs.

#1. Matt Welliver-Benton Area-2013

126 lbs.

#1. Logan Everett-Williamson-2013

132 lbs.

#1. Cole Walter-Mifflinburg-2015

## Regional Number One's Continued

138 lbs.

#1. Zain Retherford-Benton Area-2013

145 lbs.

#1. Colt Cotton-Benton Area-2013

152 lbs.

#1. Kyle Barnes-Hughesville-2013

160 lbs.

#1. Ty Walter-Mifflinburg-2013

170 lbs.

#1. Brandon Lontz-Bentn Area-2013

182 lbs.

#1. Troy Hembury-Muncy-2013

195 lbs.

#1. Ryan Solomon-Milton Area-2013

220 lbs.

#1. Brandon Smith-Lewisburg-2013

285 lbs.

#1. Nazar Mironenko-Mifflinburg Area-2014

### North West Regional AA

106 lbs.

#1. Devin Brown-Saegertown-2016

113 lbs.

#1. Willie Gruver-Redbank Valley-2015

120 lbs.

#1. Tyler Vath-Saegertown-2015

126 lbs.

#1. Jarray Norris-Sharon-2013

132 lbs.

#1. Dalton Zimmerman-Brookville-2015

138 lbs.

#1. Brock Zacherl-Brookville-2014

145 lbs.

#1. Zach Vronman-Brookville-2014

152 lbs.

#1. Austin Matthews-Reynolds-2013

160 lbs.

#1. Evan Delong-Kane-2014

170 lbs.

#1. Tim Vargo-Union City Area-2013

182 lbs.

#1. Aaron Hook-Redbank Valley-2013

195 lbs.

#1. Ryan Morris-Corry Area-2014

220 lbs.

#1. Evan Daley-Fort LeBoeuf-2013

285 lbs.

#1. Jeff Burger-Union City-2013

### South West Regional AA

106 lbs.

#1. Austin Griffiths-Southmoreland-2015

113 lbs.

#1. Justin Patrick-Ligonier Valley-2014

120 lbs.

#1. Josh Patrick-Ligonier Valley-2013

126 lbs.

#1. Garrett Thomas-Bedford-2014

132 lbs.

#1. Nick Zanetta-Keystone Oaks-2013

## Regional Number One's Continued

138 lbs.

#1. Sean Heggs-Juniata-2013

145 lbs.

#1. Tanner Sutton-Chartiers-Houston-2013

152 lbs.

#1. Andrew Doak-Blairsville-2015

160 lbs.

#1. Cody Law-Forest Hills-2013

170 lbs.

#1. Dustin Conti-Jefferson Morgan-2013

182 lbs.

#1. Dakota Deslauriers-Burrell-2013

195 lbs.

#1. Garrett Vulcano-Chartiers-Houston-2013

220 lbs.

#1. Jake Temple-Avella-2014

285 lbs.

#1. Mitchell Hall-Tussey Mountain-2013

### South East Regional AAA

106 lbs.

#1. Jason Rinaldi-Marple Newtown-2014

113 lbs.

#1. Scott Parker-Pennridge-2014

120 lbs.

#1. Mike Marino-Garnet Valley-2014

126 lbs.

#1. Tommy Stokes-Bensalem-2014

132 lbs.

#1. Wolfgang McStravick-Upper Perkiomen-2013

138 lbs.

#1. John Dutrow-Council Rock South-2013

145 lbs.

#1. Mikey Springer-Norristown Area-2014

152 lbs.

#1. Nick Giangulio-Perkiomen Valley-2014

160 lbs.

#1. Justin Staudenmayer-Plymouth Whitemarsh-2013

170 lbs.

#1. Dominic Rigous-Central Bucks South-2013

182 lbs.

#1. Brett Harner-Norristown Area-2013

195 lbs.

#1. PJ Steinmetz-Council Rock South-2013

220 lbs.

#1. Jordan Wood-Boyertown-2016

285 lbs.

#1. Matt Gould-Interboro-2014

### South Central Regional AAA

106 lbs.

#1. Connor Sheehan-Solanco-2014

113 lbs.

#1. Tanner Shoap-Chambersburg Area-2013

120 lbs.

#1. Zach Ulerick-Middletown Area-2014

126 lbs.

#1. Dustin Rook-Big Spring-2013

132 lbs.

#1. Patrick Duggan-Cumberland Valley-2015

## Regional Number One's Continued

138 lbs.

#1. Tyson Dippery-Central Dauphin-2013

145 lbs.

#1. Chris Vasser-Cedar Cliff-2013

152 lbs.

#1. Garrett Hammond-Chambersburg Area-2013

160 lbs.

#1. Chance Marsteller-Kennard-Dale-2014

170 lbs.

#1. Ben Swarr-Garden Spot-2014

182 lbs.

#1. Josh Colello-Cedar Cliff-2016

195 lbs.

#1. Alex Cooley-Eastern York-2013

220 lbs.

#1. Thomas Haines-Solanco-2014

285 lbs.

#1. Tom Devenney-Warwick-2013

### North East Regional AAA

106 lbs.

#1. Jacob Lizak-Parkland-2016

113 lbs.

#1. Ethan Lizak-Parkland-2014

120 lbs.

#1. Grimaldi Gonzalez-Bethlehem Liberty-2013

126 lbs.

#1. Kyle Krasavage-Wyoming Valley West-2013

132 lbs.

#1. Jalen Palmer-Delaware Valley-2014

138 lbs.

#1. Joe Galasso-Father Judge-2014

145 lbs.

#1. Kevin Laubach-Berwick-2103

152 lbs.

#1. Raymond Nicosia-Pocono Mountain East-2013

160 lbs.

#1. Evan DiSora-Easton Area-2013

170 lbs.

#1. Mitch Myers-Blue Mountain-2013

182 lbs.

#1. Tyler Greene-Easton Area-2013

195 lbs.

#1. Jovon Reyes-Louis E. Dieruff-2014

220 lbs.

#1. Shaun Heist-Parkland-2013

285 lbs.

#1. Aaron Bradley-Nazareth Area-2013

### North West Regional AAA

106 lbs.

#1. Joe Wheeling-General McLane-2014

113 lbs.

#1. Jake Gromacki-Erie Cathedral Prep-2014

120 lbs.

#1. Paul Deitz-Erie McDowell-2013

126 lbs.

#1. Kaleb Young-Punxsutawney Area-2016

132 lbs.

#1. Christian Stone-Clearfield Area-2013

## Regional Number One's Continued

138 lbs.

#1. TJ Brandt-Altoona Area-2013

145 lbs.

#1. Nolan Barger-Clearfield Area-2013

152 lbs.

#1. Ossie Bowers-General McLane-2013

160 lbs.

#1. Tyree Spearman-Erie McDowell-2014

170 lbs.

#1. Tom Sleigh-DuBois Area-2014

182 lbs.

#1. Jacob Taylor-Bald Eagle Area-2013

195 lbs.

#1. Landon Hanna-DuBois Area-2013

220 lbs.

#1. Nate Sharkey-Bald Eagle Area-2013

220 lbs.

#1. Andrew Welton-Erie Central Tech-2013

138 lbs.

#1. Josh Maruca-Franklin Regional-2015

145 lbs.

#1. Josh Shields-Franklin Regional-2015

152 lbs.

#1. Heath Coles-Norwin-2013

160 lbs.

#1. Zach Zavatsky-Greater Latrobe-2014

170 lbs.

#1. Cody Wiercioch-Canon-McMillan-2013

182 lbs.

#1. Adam Nickelson-Belle Vernon-2013

195 lbs.

#1. Matt McCutcheon-Kiski Area-2013

220 lbs.

#1. Alex Campbell-Canon-McMillan-2013

285 lbs.

#1. Shane Kuhn-Kiski Area-2014

### South West Regional AAA

106 lbs.

#1. Luke Pletcher-Greater Latrobe-2016

113 lbs.

#1. Dom Forys-North Allegheny-2014

120 lbs.

#1. Sam Krivus-Hempfield Area-2015

126 lbs.

#1. Connor Schram-Canon-McMillan-2013

132 lbs.

#1. Tyler Smith-Franklin Regional-2014

### Quick Fact:

50% of all 2012 Class AAA Regional Champions will return in 2013 (35 out of 70)



# State #1 Ranked Wrestlers

## State AA

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#1. Ryan Solomon-Milton Area-2013

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#1. Ray O'Donnell-Saucon Valley-2013

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#1. Patrick Duggan-Cumberland Valley-2015

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#1. Joe Galasso-Father Judge-2014

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160 lbs.

#1. Chance Marsteller-Kennard-Dale-2014

170 lbs.

#1. Cody Wiercioch-Canon-McMillan-2013

182 lbs.

#1. Jacob Taylor-Bald Eagle Area-2013

195 lbs.

#1. Matt McCutcheon-Kiski Area-2013

220 lbs.

#1. Thomas Haines-Solanco-2014

285 lbs.

#1. Shane Kuhn-Kiski Area-2014