

GIRLS HIGH SCHOOL



Wrestling Tournament

DATE: Monday, December 30, 2024

PLACE: Canon-McMillan High School - 314 Elm Street, Ext., Canonsburg, PA 15317

WEIGH-INS: 9:00 am. 2lb growth allowance

START 10:00 am

FORMAT: Double Elimination. NFHS Rules

3 periods 2:00-2:00-2:00, Consy 1:00-2:00-2:00, Overtime 1:00-:30-:30-

COST: \$ 100.00 per wrestler or \$ 600.00 per team of 6 or more wrestlers.

Make checks payable to: Powerade Wrestling Tournament

Send to: Frank Vulcano, Jr.

Canon-McMillan High School

314 Elm Street Ext. Canonsburg, PA 15317

AWARDS: Powerade T-Shirt for 1st place

Medal for 1st - 4th place

WEIGHTS: GIRLS - 100, 106, 112, 118, 124, 130, 136, 142, 148, 155, 170, 190, 235

Teams CAN enter two (2) wrestlers per weight class.

Teams outside of Pennsylvania that want to enter girls must email vulcanojr@hotmail.com by

November 1, 2024. This will allow us time to submit the proper paperwork for approval to the

ENTRY: NFHS & PIAA.

Name of wrestlers and weight classes must be entered into the registration site -

Wrestlereg.com by 12:00 noon on Thursday, December 19, 2024.

QUESTIONS: Frank Vulcano, Jr.

Tournament Director

412-298-5247